EGZAMIN MATURALNY Z JĘZYKA ANGIELSKIEGO

POZIOM PODSTAWOWY

Matura próbna - Wiosna 2026

Zadanie 1. (0–5)

Usłyszysz dwukrotnie pięć faktów związanych z przyjaciółmi. Do każdego faktu (1.1.–1.5.) dopasuj odpowiadające mu zdanie (A–F). Wpisz rozwiązania do tabeli.

Uwaga: jedno zdanie zostało podane dodatkowo i nie pasuje do żadnego faktu.

Details about the facts connected with friends:

A. People who work with friends are better employees.
B. Having many friends will extend your life.
C. Animals are people's best friends.
D. People are not the only living creatures who have friends.
E. Friendships generally go worse when you fall in love.
F. Friendships last longer thanks to social media.

1.1.	1.2.	1.3.	1.4.	1.5.

Zadanie 2. (0–5)

Usłyszysz dwukrotnie pięć wypowiedzi na temat korzystania z technologii w nauce. Do każdej wypowiedzi (2.1.–2.5.) dopasuj odpowiadające jej zdanie (A–F). Wpisz rozwiązania do tabeli.

Uwaga: jedno zdanie zostało podane dodatkowo i nie pasuje do żadnej wypowiedzi.

This speaker mentions

A. a habit that makes studying less effective than expected.
B. a benefit which only became clear after some time.
C. a solution that was recommended by someone else.
D. a change made to avoid feeling overwhelmed.
E. a mistake that many students seem to repeat.
F. a tool that is mainly useful for group work.

2.1.	2.2.	2.3.	2.4.	2.5.

Zadanie 3. (0–4)

Usłyszysz dwukrotnie informację o platformie do nauki online. Na podstawie informacji zawartych w nagraniu uzupełnij luki 3.1.–3.4. w poniższej notatce. Luki należy uzupełnić w języku angielskim.

Online learning platform – key rules

Access

- students must log in using their school email address
- accounts are activated after 3.1. _____

Assignments

- deadlines are fixed and visible on the platform
- late work is accepted only with 3.2. _____

Communication

- messages should concern school matters only
- teachers usually reply within 3.3. _____

Technical issues

- problems should be reported immediately
- screenshots may be required as 3.4. _____

Zadanie 4. (0–4)

Przeczytaj tekst. Dobierz właściwy nagłówek (A–F) do każdej oznaczonej części tekstu (4.1.–4.4.). Wpisz odpowiednią literę w każdą kratkę.

Uwaga: dwa nagłówki zostały podane dodatkowo i nie pasują do żadnej części tekstu.

A. THE BEGINNING OF THE BAND
B. A VERY DIFFICULT PERIOD FOR THE GROUP
C. A SPECIAL CONCERT THAT CHANGED EVERYTHING
D. HOW THE BAND GOT ITS NAME
E. WORLDWIDE SUCCESS AND FAMOUS SONGS
F. WHAT HAPPENED AFTER THE SINGER'S DEATH

QUEEN – A LEGENDARY BAND

4.1. _____

Before Queen became famous, two future members played in a small band called Smile. A young man named Freddie Mercury was their fan and believed they could become something special. He joined the group and suggested the name Queen. At first, the others were not sure about it, but Freddie was convinced it would sound strong and unique.

4.2. _____

After forming Queen, the band slowly became more and more popular. They created songs that were very different from typical rock music. Some of them were powerful and loud, others emotional and dramatic. Their music attracted millions of fans all over the world, and Queen became one of the biggest bands of their time.

4.3. _____

In the mid-1980s, Queen performed at a huge charity concert watched by millions of people around the world. Their energetic show surprised both the audience and music experts. After this performance, many people said that Queen was the best band of the event, and their popularity grew again.

4.4. _____

When Freddie Mercury died, many fans thought Queen would stop forever. However, the remaining members decided to continue in a new way. They worked with other singers and kept playing Queen's music for new generations. Thanks to this, the band is still famous today.

Zadanie 5. (0–7)

Przeczytaj cztery teksty (A–D). Wykonaj zadania 5.1.–5.7. zgodnie z poleceniami.

Tekst A

MARK'S HEALTH BLOG

You've sent me many questions about healthy eating, so this week I'm going to focus on drinking water. Next week, I will write about healthy breakfasts.

But for now, some facts about water:

- Drinking enough water helps your body work better and gives you more energy.
- Many people used to drink sweet drinks instead of water, but today more and more athletes choose water because it is healthier.
- Some sports centres now offer free water instead of fizzy drinks to encourage people to drink more.

Na podstawie: healthline.com; bbc.com

Tekst B

THE RUNNER

I started running when I was 60. At first, I could only run for a few minutes and I felt very tired. But I didn't give up.

My doctor said, "Start slowly, and listen to your body." I followed this advice and after some time, I felt stronger and healthier.

Before, I spent most of my day sitting at home. Now I go for a run three times a week, and I even take part in local races. Running has completely changed my life.

Na podstawie: runnersworld.com

Tekst C

Message

From: Anna

To: Kate

Subject: healthy living

Hi Kate,

Next week I'm starting a new healthy lifestyle programme. I'm really excited, but also a bit worried. I've never done anything like this before.

Could you give me some advice about eating better and exercising more? I want to feel healthier, but I don't know where to start.

Please write back soon,

Anna

Tekst D

FIT & ACTIVE CLUB

WHAT WE BELIEVE IN

- **Exercise improves your health.** You don't have to be fit to start — moving your body regularly will make you stronger.
- **Everyone can enjoy being active.** It doesn't matter if you are young or old, or if you have never exercised before.
- **You can start at any age.** Our programmes are adapted to different age groups and fitness levels.

We are waiting for you! New courses start next month.

Na podstawie: who.int; nhs.uk

Przeczytaj zdania 5.1.–5.3. Dopasuj do każdego zdania właściwy tekst (A–D). Wpisz rozwiązania do tabeli.

Uwaga: jeden tekst nie pasuje do żadnego zdania.

5.1. This text gives information about a change that was inspired by healthier habits.

5.2. According to this text, you can enjoy being active even if you are a beginner.

5.3. In this text, the author is asking for advice.

5.1.	5.2.	5.3.

Przeczytaj wiadomość, którą Agnes wysłała do koleżanki. Uzupełnij luki 5.4.–5.7. zgodnie z treścią tekstów (A–D), tak aby jak najbardziej precyzyjnie oddać ich sens. Luki należy uzupełnić w języku angielskim.

Uwaga: w każdą lukę można wpisać maksymalnie cztery wyrazy.

Hi Magda,

You'll be happy to hear that I've been reading a lot about healthy living recently, and it's really motivated me to make some changes.

It appears you don't have to be fit to begin exercising, because 5.4. _____ can make you stronger over time.

I got especially inspired by a story about a man who only 5.5. _____ at the age of 60, and now even takes part in races — that really surprised me!

What's more it is ok if you don't know where to start and feel 5.6. _____ about that. It made me realise I'm not the only one who feels this way when I found out other people ask for help on how to begin healthy living.

Finally, I learnt that drinking enough water gives you 5.7. _____, so I think I'll try to drink more every day.

Anyway, keep your fingers crossed for me!

Write back soon and tell me how you stay fit.

Take care,

Agnes